

ProbiFlora™ PROs Brand Advert 2023082110307072, October 2023

The information included in this material is not intended to replace your healthcare professional's advice.

References:

1. ProbiFlora™ Adult Intensive Rescue Professional Information, 26 August 2021.
2. ProbiFlora™ Adult Classic Bowel Support Professional Information, 21 June 2022.
3. ProbiFlora™ Adult Everyday Flora Balance Professional Information, 20 October 2020.
4. ProbiFlora™ Rx Intestinal Flora Care Professional Information, 2 December 2021.
5. ProbiFlora™ Probiotic Infant Drops 3 Strain Professional Information, 27 June 2020.
6. ProbiFlora™ Junior Everyday Flora Balance Professional Information, 25 August 2021.
7. ProbiFlora™ Junior Fit for School Professional Information, 29 August 2022.
8. Adcock Ingram Data on File.
9. DOH: MCC Complementary Medicines – Health Supplements Safety and Efficacy. 2016. Annexure C Allowable Levels and Claims for Probiotics.
10. Lyra A, Hillilä M, Huttunen T, et al. Irritable bowel syndrome symptom severity improves equally with probiotic and placebo. *World J Gastroenterol* 2016;22(48):10631-10643.
11. Airaksinen K, Yeung N, Lyra A, et al. The effect of a probiotic blend on gastrointestinal symptoms in constipated patients: a double blind, randomised, placebo controlled 2-week trial. *Benef microbes* 2019;10(6):617-627.
12. Ouwehand AC, DongLian C, Weijian X, et al. Probiotics reduce symptoms of antibiotic use in a hospital setting: a randomized dose response study. *Vaccine* 2014;32(4):458-463.
13. Favretto DC, Pontin B, Moreira TR. Effect of the consumption of a cheese enriched with probiotic organism (*Bifidobacterium lactis* BI-07) in improving symptoms of constipation. *Arq Gastroenterol* 2013;50(3):196-201.
14. Snigdha S, Ha K, Bartos JD. Probiotics improve immune and digestive health and augment quality of life in healthy adults: an open label work-place study. *J probiotics health* 2020;8(4):1-7.
15. Yao S, Zhao Z, Wang W et al. *Bifidobacterium Longum*: Protection against Inflammatory Bowel Disease. *J Immunol Res* 2021; 8030297. doi.org/10.1155/2021/8030297.
16. Matsubara VH, Wang Y, Bandara HMHN, et al. Probiotic *Lactobacilli* inhibit early stages of *Candida albicans* biofilm development by reducing their growth, cell adhesion, and filamentation. *Appl Microbiol Biotechnol* 2016;100:6415-6426.
17. Miyazima TY, Ishikawa KH, Mayer MPA, et al. Cheese supplemented with probiotics reduced the *Candida* levels in denture wearers—RCT. *Oral Dis* 2017;23:919-925.
18. El-Soud NHA, Said RN, Mosallam DS, et al. *Bifidobacterium lactis* in Treatment of Children with Acute Diarrhea. A Randomized Double Blind Controlled Trial. *OAM/JMS* 2015;3(3):403-407.
19. Piatek J, Bernatek M, Krauss H, et al. Effects of a nine-strain bacterial synbiotic compared to simethicone in colicky babies – an open-label randomised study. *Benef Microbes* 2021;12(3):249-257.
20. Turner R, Woodfolk J, Borish L, et al. Effect of probiotic on innate inflammatory response and viral shedding in experimental rhinovirus infection - a randomised controlled trial. *Benef Microbes* 2017;8(2):207-215.
21. Lallemand Health Solutions. Generally Recognized as Safe (GRAS) Determination for the Use of the Probiotics *Lactobacillus helveticus* Rosell®-52 (R0052), *Bifidobacterium longum* ssp. infantis Rosell®-33 (R0033), and *Bifidobacterium bifidum* Rosell®-71 (R0071). 2018. Available from: <https://www.fda.gov/Food/IngredientsPackagingLabeling/GRAS/NoticeInventory/default.htm> [Accessed on 6 July 2023].
22. Rampengan NH, Manoppo J, Warouw SM. Comparison of efficacies between live and killed probiotics in children with lactose malabsorption. *Southeast Asian J Trop Med Public Health* 2010;41(2):474-481.
23. Chernyshov PV. Randomized, placebo-controlled trial on clinical and immunologic effects of probiotic containing *Lactobacillus rhamnosus* R0011 and *L. helveticus* R0052 in infants with atopic dermatitis. *Microb Ecol Health Dis* 2009;21:228-232.
24. Garaiova I, Muchova J, Nagyova Z. Probiotics and vitamin C for the prevention of respiratory tract infections in children attending preschool: a randomised controlled pilot study. *EJCN* 2015;69:373-379.
25. Plummer SF, Garaiova I, Sarvotham T. Effects of probiotics on the composition of the intestinal microbiota following antibiotic therapy. *Int J Antimicrob Agents* 2005;26:69-74.

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[S0] ProbiFlora™ Adult Intensive Rescue. Each capsule contains total probiotics 5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* NCFM®, *Bifidobacterium lactis* HN019, *Bifidobacterium lactis* BI-04, *Lactobacillus rhamnosus* HN001, *Lactobacillus casei* Lc-11, *Lactobacillus plantarum* Lp-115, *Lactococcus lactis* LI-23, *Bifidobacterium longum* BI-05, *Streptococcus thermophilis* St-21 Category D: Health Supplements. 34.9: Probiotics.

[S0] ProbiFlora™ Adult Classic Bowel Support. Each capsule contains total probiotics 5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* NCFM®, *Bifidobacterium lactis* BI-07, *Lactobacillus casei* Lc-11, *Lactococcus lactis* LI-23 Category D: Health Supplements. 34.9: Probiotics.

[S0] ProbiFlora™ Adult Everyday Flora Balance. Each capsule contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus rhamnosus* Lr-32, *Bifidobacterium longum* BI-05 Category D: Health Supplements. 34.9: Probiotics.

[S0] ProbiFlora™ Rx Intestinal Flora Care. Each capsule contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus rhamnosus* Lr-32, *Bifidobacterium longum* BI-05. Health Supplement. Category D: Complementary Medicine. 34.9: Probiotics.

[S0] ProbiFlora™ Junior Everyday Flora Balance. Each tablet contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus helveticus* R-52ME, *Lactobacillus rhamnosus* R-11ME, *Bifidobacterium longum* R-175ME. Category D: Health Supplements. 34.9: Probiotics..

[S0] ProbiFlora™ Probiotic Infant Drops 3 strain-Regular drops. Each dose per 4 drops (0,167 ml) contains *Bifidobacterium lactis* BI-04 400 million CFU, *Lactobacillus rhamnosus* LR-32 300 Million CFU, *Lactobacillus salivarius* LS-33 300 million CFU. Health Supplement. Category D: Complementary Medicines. 34.9: Probiotics.

[S0] ProbiFlora™ Junior Fit For School. Each chewable tablet contains total probiotics 12,5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* CUL60, *Lactobacillus acidophilus* CUL21, *Bifidobacterium animalis* subsp. *Lactis* CUL34, *Bifidobacterium bifidum* CUL20, Ascorbic acid (Vitamin C) 50 mg. Health Supplement. Category D: Complementary Medicines. 34.12 Multiple Substance Formulation.

ProbiFlora™ PROs Rx Advert 2023082210307231, August 2023

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References:

1. ProbiFlora™ Adult Intensive Rescue Professional Information, 26 August 2021.
2. ProbiFlora™ Adult Classic Bowel Support Professional Information, 21 June 2022.
3. ProbiFlora™ Adult Everyday Flora Balance Professional Information, 20 October 2020.
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5. ProbiFlora™ Probiotic Infant Drops 3 Strain Professional Information, 27 June 2020.
6. ProbiFlora™ Junior Everyday Flora Balance Professional Information, 25 August 2021.
7. ProbiFlora™ Junior Fit for School Professional Information, 29 August 2022.
8. Adcock Ingram Data on File.
9. DOH: MCC Complementary Medicines – Health Supplements Safety and Efficacy. 2016. Annexure C Allowable Levels and Claims for Probiotics.
10. Snigdha S, Ha K, Bartos JD. Probiotics improve immune and digestive health and augment quality of life in healthy adults: an open label work-place study. *J probiotics health* 2020;8(4):1-7.
11. Trallero OG, Serrano LH, Inglès MB, et al. Effect of the administration of a probiotic with a combination of *Lactobacillus* and *Bifidobacterium* strains on antibiotic-associated diarrhea. *Rev Esp Quimioter* 2019;32(3):268-272.
12. Data on file. *Lactocaseibacillus rhamnosus* Lr-32® TECHNICAL MEMORANDUM.
13. Matsubara VH, Wang Y, Bandara HMHN, et al. Probiotic lactobacilli inhibit early stages of *Candida albicans* biofilm development by reducing their growth, cell adhesion, and filamentation. *Appl Microbiol Biotechnol* 2016;100:6415–6426.
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SO ProbiFlora™ Adult Intensive Rescue. Each capsule contains total probiotics 5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* NCFM®, *Bifidobacterium lactis* HN019, *Bifidobacterium lactis* BI-04, *Lactobacillus rhamnosus* HN001, *Lactobacillus casei* Lc-11, *Lactobacillus plantarum* Lp-115, *Lactococcus lactis* LI-23, *Bifidobacterium longum* BI-05, *Streptococcus thermophilus* St-21 and prebiotic: prebiotic FOS fibre 50 mg.

SO ProbiFlora™ Adult Classic Bowel Support. Each capsule contains total probiotics 5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* NCFM®, *Bifidobacterium lactis* BI-07, *Lactobacillus casei* Lc-11, *Lactococcus lactis* LI-23 and prebiotic: prebiotic FOS fibre 50 mg.

SO ProbiFlora™ Adult Everyday Flora Balance. Each capsule contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus rhamnosus* Lr-32, *Bifidobacterium longum* BI-05 and prebiotic: prebiotic FOS fibre (Actilight®) 100 mg.

SO ProbiFlora™ Rx Intestinal Flora Care. Each capsule contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus rhamnosus* Lr-32, *Bifidobacterium longum* BI-05. Health Supplement. Category D: Complementary Medicine. 34.6: Probiotics.

SO ProbiFlora™ Junior Everyday Flora Balance. Each tablet contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus helveticus* R-52ME, *Lactobacillus rhamnosus* R-11ME, *Bifidobacterium longum* R-175ME. Health Supplement.

SO ProbiFlora™ Probiotic Infant Drops 3 strain-Regular drops. Each dose per 4 drops (0,167 ml) contains *Bifidobacterium lactis* BI-04 400 million CFU, *Lactobacillus rhamnosus* LR-32 300 Million CFU, *Lactobacillus salivarius* LS-33 300 million CFU. Health Supplement. Category D: Complementary Medicines. 34.9: Probiotics.

SO ProbiFlora™ Junior Fit For School. Each chewable tablet contains total probiotics 12,5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* CUL60, *Lactobacillus acidophilus* CUL21, *Bifidobacterium animalis subsp. Lactis* CUL34, *Bifidobacterium bifidum* CUL20, Ascorbic acid (Vitamin C) 50 mg. Health Supplement. Category D: Complementary Medicines. 34.12 Multiple Substance Formulation.

ProbiFlora™ Pro Paediatric Leavebehind Ticket Number: 2023083110309107, August 2023

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ProbiFlora™ Probiotic Infant Drops References

*ProbiFlora™ formulation is sugar-free†

1. ProbiFlora™ Probiotic Infant Drops 3 Strain Professional Information, 27 June 2020.
2. El-Soud NHA, Said RN, Mosallam DS, et al. *Bifidobacterium lactis* in Treatment of Children with Acute Diarrhea. A Randomized Double Blind Controlled Trial. *OAMJMS* 2015;3(3):403-407.
3. Piatek J, Bernatek M, Krauss H, et al. Effects of a nine-strain bacterial synbiotic compared to simethicone in colicky babies – an open-label randomised study. *Benef Microbes* 2021;12(3):249-257.
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7. Turner R, Woodfolk J, Borish L, et al. Effect of probiotic on innate inflammatory response and viral shedding in experimental rhinovirus infection - a randomised controlled trial. *Benef Microbes* 2017;8(2):207-215.

ProbiFlora™ Junior Everyday Flora Balance References

*ProbiFlora™ formulation is sugar-free†

1. ProbiFlora™ Junior Everyday Flora Balance Professional Information, 25 August 2021.
2. Lallemand Health Solutions. Generally Recognized as Safe (GRAS) Determination for the Use of the Probiotics *Lactobacillus helveticus* Rosell®-52 (R0052), *Bifidobacterium longum* ssp. *infantis* Rosell®-33 (R0033), and *Bifidobacterium bifidum* Rosell®-71 (R0071). 2018. Available from: <https://www.fda.gov/Food/IngredientsPackagingLabeling/GRAS/NoticelInventory/default.htm> [Accessed on 6 July 2023].
3. Freedman SB, Sherman PM, Willan A, et al. Emergency Department Treatment of Children With Diarrhea Who Attend Day Care: A Randomized Multidose Trial of a *Lactobacillus helveticus* and *Lactobacillus rhamnosus* Combination Probiotic. *Clin Pead* 2015; 54(12):1158-66.
4. Chernyshov PV. Randomized, placebo-controlled trial on clinical and immunologic effects of probiotic containing *Lactobacillus rhamnosus* R0011 and *L. helveticus* R0052 in infants with atopic dermatitis. *Microb Ecol Health Dis* 2009;21:228-232.
5. Rampengan NH, Manoppo J, Warouw SM. Comparison of efficacies between live and killed probiotics in children with lactose malabsorption. *Southeast Asian J Trop Med Public Health* 2010;41(2):474-481.

ProbiFlora™ Junior Fit For School References

*ProbiFlora™ formulation contains Prebiotic FOS Fibre (inulin/oligofructose), Actilight® - 200 mg†. *ProbiFlora™ formulation is sugar-free†

1. ProbiFlora™ Junior Fit for School Professional Information, 29 August 2022.
2. National Institutes of Health (NIH). Vitamin C - Fact Sheet for Consumers. Available from: <https://ods.od.nih.gov/factsheets/VitaminC-Consumer/> [Accessed 8 July 2021].
3. Garaiova I, Muchova J, Nagyova Z. Probiotics and vitamin C for the prevention of respiratory tract infections in children attending preschool: a randomised controlled pilot study. *EJCN* 2015;69:373-37.
4. Plummer SF, Garaiova I, Sarvotham T. Effects of probiotics on the composition of the intestinal microbiota following antibiotic therapy. *Int J Antimicrob Agents* 2005;26:69-74.

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SO ProbiFlora™ Probiotic Infant Drops 3 strain-Regular drops. Each dose per 4 drops (0,167 ml) contains *Bifidobacterium lactis* BL-04 400 million CFU, *Lactobacillus rhamnosus* LR-32 300 Million CFU, *Lactobacillus salivarius* LS-33 300 million CFU. Health Supplement. Category D: Complementary Medicines. 34.9: Probiotics.

SO ProbiFlora™ Junior Everyday Flora Balance. Each tablet contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus helveticus* R-52ME, *Lactobacillus rhamnosus* R-11ME, *Bifidobacterium longum* R-175ME. Health Supplement.

SO ProbiFlora™ Junior Fit For School. Each chewable tablet contains total probiotics 12,5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* CUL60, *Lactobacillus acidophilus* CUL21, *Bifidobacterium animalis subsp. Lactis* CUL34, *Bifidobacterium bifidum* CUL20, Ascorbic acid (Vitamin C) 50 mg. Health Supplement. Category D: Complementary Medicines. 34.12 Multiple Substance Formulation.

Adcock Ingram Limited. Co. Reg. No. 1949/034385/06. Private Bag X69, Bryanston, 2021, South Africa. Customer Care: 0860 ADCKOCK/232625. www.adcock.com. 2023083110309107, August 2023

ProbiFlora™ PRO Clinical Trial Summary 9 Immune 2023091810312633, December 2023

Article REFERENCE

1. Ahmed M, Prasad J, Gill H. Impact of consumption of different levels of *Bifidobacterium lactis* HN019 on the intestinal microflora of elderly human subjects. *J Nutr Health Aging* 2007;11(1):26-31.

ProbiFlora™ Adult Intensive Rescue Advert REFERENCES

1. ProbiFlora™ Adult Intensive Rescue Professional Information, 26 August 2021.
2. ProbiFlora™ Adult Classic Bowel Support Professional Information, 21 June 2022.
3. ProbiFlora™ Adult Everyday Flora Balance Professional Information, 20 October 2020.
4. ProbiFlora™ Rx Intestinal Flora Care Professional Information, 2 December 2021.
5. ProbiFlora™ Probiotic Infant Drops 3 Strain Professional Information, 27 June 2020.
6. ProbiFlora™ Junior Everyday Flora Balance Professional Information, 25 August 2021.
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9. DOH: MCC Complementary Medicines – Health Supplements Safety and Efficacy. 2016. Annexure C Allowable Levels and Claims for Probiotics.
10. Lyra A, Hillilä M, Huttunen T, et al. Irritable bowel syndrome symptom severity improves equally with probiotic and placebo. *World J Gastroenterol* 2016;22(48):10631-10643.
11. Airaksinen K, Yeung N, Lyra A, et al. The effect of a probiotic blend on gastrointestinal symptoms in constipated patients: a double blind, randomised, placebo controlled 2-week trial. *Benef microbes* 2019;10(6):617-627.
12. Ouwehand AC, DongLian C, Weijian X, et al. Probiotics reduce symptoms of antibiotic use in a hospital setting: a randomized dose response study. *Vaccine* 2014;32(4):458-463.
13. Waller PA, Gopal PA, Leyer GJ, et al. Dose-response effect of *Bifidobacterium lactis* HN019 on whole gut transit time and functional gastrointestinal symptoms in adults. *Sc and J Gastroenterol* 2011;46:1057-1064.
14. Miller LE, Lehtoranta L, Lehtinen MJ. The effect of *Bifidobacterium animalis* ssp. *lactis* HN019 on cellular immune function in healthy elderly subjects: systematic review and meta-analysis. *Nutrients* 2017; 9(3):191. doi:10.3390/nu9030191.
15. Ahmed M, Prasad J, Gill H. Impact of consumption of different levels of *Bifidobacterium lactis* HN019 on the intestinal microflora of elderly human subjects. *J Nutr Health Aging* 2007;11(1):26-31.
16. Magro DO, de Oliveira LMR, Bernasconi I, et al. Effect of yogurt containing polydextrose, *Lactobacillus acidophilus* NCFM and *Bifidobacterium lactis* HN019: a randomized, double-blind, controlled study in chronic constipation. *Nutrition Journal*. 2014;13(75):1-5.

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S0 ProbiFlora™ Adult Intensive Rescue. Each capsule contains total probiotics 5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* NCFM®, *Bifidobacterium lactis* HN019, *Bifidobacterium lactis* BI-04, *Lactobacillus rhamnosus* HN001, *Lactobacillus casei* Lc-11, *Lactobacillus plantarum* Lp-115, *Lactococcus lactis* LI-23, *Bifidobacterium longum* BI-05, *Streptococcus thermophilus* St-21 and prebiotic: prebiotic FOS fibre 50 mg.

S0 ProbiFlora™ Adult Classic Bowel Support. Each capsule contains total probiotics 5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* NCFM®, *Bifidobacterium lactis* BI-07, *Lactobacillus casei* Lc-11, *Lactococcus lactis* LI-23 and prebiotic: prebiotic FOS fibre 50 mg.

S0 ProbiFlora™ Adult Everyday Flora Balance. Each capsule contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus rhamnosus* Lr-32, *Bifidobacterium longum* BI-05 and prebiotic: prebiotic FOS fibre (Actilight®) 100 mg.

S0 ProbiFlora™ Rx Intestinal Flora Care. Each capsule contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus rhamnosus* Lr-32, *Bifidobacterium longum* BI-05. Health Supplement. Category D: Complementary Medicine. 34.6: Probiotics.

S0 ProbiFlora™ Junior Everyday Flora Balance. Each tablet contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus helveticus* R-52ME, *Lactobacillus rhamnosus* R-11ME, *Bifidobacterium longum* R-175ME. Health Supplement.

S0 ProbiFlora™ Probiotic Infant Drops 3 strain-Regular drops. Each dose per 4 drops (0,167 ml) contains *Bifidobacterium lactis* BL-04 400 million CFU, *Lactobacillus rhamnosus* LR-32 300 Million CFU, *Lactobacillus salivarius* LS-33 300 million CFU. Health Supplement. Category D: Complementary Medicines. 34.9: Probiotics.

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ProbiFlora™ PRO Clinical Trial Kids AASE 2023091810312634, January 2024

Article REFERENCES

1. Aryayev M and Kononenko N. Prevention of antibiotic-associated diarrhea in patients with Cystic Fibrosis. *Odessa Med J* 2009;4:58-62 (abstract).
2. Lallemand Health Solutions. Generally Recognized as Safe (GRAS) Determination for the Use of the Probiotics *Lactobacillus helveticus* Rosell®-52 (R0052), *Bifidobacterium longum* ssp. *infantis* Rosell®-33 (R0033), and *Bifidobacterium bifidum* Rosell®-71 (R0071). 2018. Available from: <https://www.fda.gov/Food/IngredientsPackagingLabeling/GRAS/NoticeInventory/default.htm> [Accessed on 23 July 2023].
3. Forster LM, Tompkins TA, Dahl WJ. A comprehensive post-market review of studies on a probiotic product containing *Lactobacillus helveticus* R0052 and *Lactobacillus rhamnosus* R0011. *Benef Microbes* 2011;2(4):319-334.

ProbiFlora™ Junior Advert REFERENCES

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ProbiFlora™ Adult Classic Bowel 2023110710322535, November 2023

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2. ProbiFlora™ Adult Classic Bowel Support Professional Information, 21 June 2022.
3. ProbiFlora™ Adult Everyday Flora Balance Professional Information, 20 October 2020.
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ProbiFlora™ Adult Classic Bowel Support. Each capsule contains total probiotics 5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* NCFM®, *Bifidobacterium lactis* BI-07, *Lactobacillus casei* Lc-11, *Lactococcus lactis* LI-23 and prebiotic: prebiotic FOS fibre 50 mg. Health Supplement. Category D: Complementary Medicine. 34.6: Probiotics.

This unregistered medicine has not been evaluated by the South African Health Products Regulatory Authority for quality, safety or intended use.
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ProbiFlora™ Adult Everyday Flora Balance 2023110710322536, November 2023

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 **ProbiFlora™ Adult Everyday Flora Balance.** Each capsule contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus rhamnosus* Lr-32, *Bifidobacterium longum* BI-05 and prebiotic: prebiotic FOS fibre (Actilight®) 100 mg. Health Supplement. Category D: Complementary Medicine. 34.6: Probiotics.

This unregistered medicine has not been evaluated by the South African Health Products Regulatory Authority for quality, safety or intended use.
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ProbiFlora™ Adult Intensive Rescue 2023110710322537 November 2023

The information included in this material is not intended to replace your healthcare professional's advice.

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ProbiFlora™ Adult Intensive Rescue. Each capsule contains total probiotics 5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* NCFM®, *Bifidobacterium lactis* HN019, *Bifidobacterium lactis* BI-04, *Lactobacillus rhamnosus* HN001, *Lactobacillus casei* Lc-11, *Lactobacillus plantarum* Lp-115, *Lactococcus lactis* LI-23, *Bifidobacterium longum* BI-05, *Streptococcus thermophilus* St-21 and prebiotic: prebiotic FOS fibre 50 mg. Health Supplement. Category D: Complementary Medicine. 34.6: Probiotics.

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ProbiFlora™ Junior Everyday Flora Balance 2023110710322539, November 2023

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ProbiFlora™ Junior Everyday Flora Balance. Each tablet contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus helveticus* R-52ME, *Lactobacillus rhamnosus* R-11ME, *Bifidobacterium longum* R-175ME. Health Supplement. Category D: Complementary Medicine. 34.9: Probiotics.

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ProbiFlora™ Probiotic Infant Drops 2023110710322546, November 2023

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 **ProbiFlora™ Probiotic Infant Drops 3 strain-Regular Drops.** Each dose per 4 drops (0,167 ml) contains *Bifidobacterium lactis* BL-04 400 million CFU, *Lactobacillus rhamnosus* LR-32 300 Million CFU, *Lactobacillus salivarius* LS-33 300 million CFU. (Approved PI, June 2020). Health Supplement. Category D: Complementary Medicines. 34.9: Probiotics.

This unregistered medicine has not been evaluated by the South African Health Products Regulatory Authority for quality, safety or intended use.
Adcock Ingram Limited. Co. Reg. No. 1949/034385/06 Private Bag X69, Bryanston, 2021, South Africa.
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ProbiFlora™ Truck Branding 2024011010332331, January 2024

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These unregistered medicines have not been evaluated by the South African Health Products Regulatory Authority for quality, safety or intended use.

S0 ProbiFlora™ Adult Intensive Rescue. Each capsule contains total probiotics 5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* NCFM®, *Bifidobacterium lactis* HN019, *Bifidobacterium lactis* BI-04, *Lactobacillus rhamnosus* HN001, *Lactobacillus casei* Lc-11, *Lactobacillus plantarum* Lp-115, *Lactococcus lactis* LI-23, *Bifidobacterium longum* BI-05, *Streptococcus thermophilus* St-21 and prebiotic: prebiotic FOS fibre 50 mg. Category D: Complementary Medicine. Health Supplements. 34.9:Probiotics.

S0 ProbiFlora™ Adult Classic Bowel Support. Each capsule contains total probiotics 5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* NCFM®, *Bifidobacterium lactis* BI-07, *Lactobacillus casei* Lc-11, *Lactococcus lactis* LI-23 and prebiotic: prebiotic FOS fibre 50 mg. Category D: Complementary Medicine. Health Supplements. 34.9:Probiotics.

S0 ProbiFlora™ Adult Everyday Flora Balance. Each capsule contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus rhamnosus* Lr-32, *Bifidobacterium longum* BI-05 and prebiotic: prebiotic FOS fibre (Actilight™) 100 mg. Category D:Complementary Medicine. Health Supplements. 34.9:Probiotics.

S0 ProbiFlora™ Rx Intestinal Flora Care. Each capsule contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus rhamnosus* Lr-32, *Bifidobacterium longum* BI-05 and prebiotic: prebiotic FOS fibre (Actilight™) 100 mg. Category D:Complementary Medicine. Health Supplements. 34.9:Probiotics.

S0 ProbiFlora™ Junior Everyday Flora Balance. Each tablet contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus helveticus* R-52ME, *Lactobacillus rhamnosus* R-11ME, *Bifidobacterium longum* R-175ME. Category D: Complementary Medicine. Health Supplements. 34.9:Probiotics.

S0 ProbiFlora™ Probiotic Infant Drops 3 strain-Regular. Each dose per 4 drops (0,167 ml) contains *Bifidobacterium lactis* 400 million CFU, *Lactobacillus rhamnosus* 300 Million CFU, *Lactobacillus salivarius* 300 million CFU. Category D: Complementary Medicine. Health Supplements. 34.9:Probiotics.

S0 ProbiFlora™ Junior Fit For School. Each chewable tablet contains total probiotics 12,5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* CUL60, *Lactobacillus acidophilus* CUL21, *Bifidobacterium animalis subsp. Lactis* CUL34, *Bifidobacterium bifidum* CUL20, Ascorbic acid (Vitamin C) 50 mg. Health Supplement. Category D: Complementary Medicines. 34.12 Multiple Substance Formulation.

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ProbiFlora™ Rx Intestinal Flora Care References

*ProbiFlora™ formulation contains Prebiotic FOS Fibre (inulin/oligofructose), Actilight® - 100 mg¹. #ProbiFlora™ formulation is sugar-free¹

1. ProbiFlora™ Rx Intestinal Flora Care Professional Information, 2 December 2021.
2. Matsubara VH, Wang Y, Bandara HMHN, et al. Probiotic *Lactobacilli* inhibit early stages of *Candida albicans* biofilm development by reducing their growth, cell adhesion, and filamentation. *Appl Microbiol Biotechnol* 2016;100:6415–6426.
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ProbiFlora™ Adult Intensive Rescue References

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ProbiFlora™ Junior Everyday Flora Balance References

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ProbiFlora™ Junior Fit For School References

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SO ProbiFlora™ Adult Intensive Rescue. Each capsule contains total probiotics 5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* NCFM®, *Bifidobacterium lactis* HN019, *Bifidobacterium lactis* BI-04, *Lactobacillus rhamnosus* HN001, *Lactobacillus casei* Lc-11, *Lactobacillus plantarum* Lp-115, *Lactococcus lactis* LI-23, *Bifidobacterium longum* BI-05, *Streptococcus thermophilis* St-21 and prebiotic: prebiotic FOS fibre 50 mg.

SO ProbiFlora™ Adult Classic Bowel Support. Each capsule contains total probiotics 5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* NCFM®, *Bifidobacterium lactis* BI-07, *Lactobacillus casei* Lc-11, *Lactococcus lactis* LI-23 and prebiotic: prebiotic FOS fibre 50 mg.

SO ProbiFlora™ Adult Everyday Flora Balance. Each capsule contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus rhamnosus* Lr-32, *Bifidobacterium longum* BI-05 and prebiotic: prebiotic FOS fibre (Actilight®) 100 mg.

SO ProbiFlora™ Rx Intestinal Flora Care. Each capsule contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus rhamnosus* Lr-32, *Bifidobacterium longum* BI-05. Health Supplement. Category D: Complementary Medicine. 34.6: Probiotics.

SO ProbiFlora™ Junior Everyday Flora Balance. Each tablet contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus helveticus* R-52ME, *Lactobacillus rhamnosus* R-11ME, *Bifidobacterium longum* R-175ME. Health Supplement.

SO ProbiFlora™ Probiotic Infant Drops 3 strain-Regular drops. Each dose per 4 drops (0,167 ml) contains *Bifidobacterium lactis* BL-04 400 million CFU, *Lactobacillus rhamnosus* LR-32 300 Million CFU, *Lactobacillus salivarius* LS-33 300 million CFU. Health Supplement. Category D: Complementary Medicines. 34.9: Probiotics.

SO ProbiFlora™ Junior Fit For School Chewable Tablets. Each chewable tablet contains total probiotics 12,5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* CUL60, *Lactobacillus acidophilus* CUL21, *Bifidobacterium animalis* subsp. *Lactis* CUL34, *Bifidobacterium bifidum* CUL20, Ascorbic acid (Vitamin C) 50 mg. Health Supplement. Category D: Complementary Medicines. 34.12 Multiple Substance Formulation.


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ProbiFlora™ Adult Intensive Rescue 2024012510336169, February 2024

The information included in this material is not intended to replace your healthcare professional's advice.

References:

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2. ProbiFlora™ Adult Classic Bowel Support Professional Information, 21 June 2022.
3. ProbiFlora™ Adult Everyday Flora Balance Professional Information, 20 October 2020.
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31. Magro DO, de Oliveira LMR, Bernasconi I, et al. Effect of yogurt containing polydextrose, *Lactobacillus acidophilus* NCFM and *Bifidobacterium lactis* HN019: a randomized, double-blind, controlled study in chronic constipation. *Nutrition Journal*. 2014;13(75):1-5.

 **ProbiFlora™ Adult Intensive Rescue.** Each capsule contains total probiotics 5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* NCFM®, *Bifidobacterium lactis* HN019, *Bifidobacterium lactis* BI-04, *Lactobacillus rhamnosus* HN001, *Lactobacillus casei* Lc-11, *Lactobacillus plantarum* Lp-115, *Lactococcus lactis* LI-23, *Bifidobacterium longum* BI-05, *Streptococcus thermophilus* St-21 and prebiotic: prebiotic FOS fibre 50 mg. Health Supplement. Category D: Complementary Medicine. 34.6: Probiotics.

This unregistered medicine has not been evaluated by the South African Health Products Regulatory Authority for quality, safety or intended use. Adcock Ingram Limited. Co. Reg. No. 1949/034385/06 Private Bag X69, Bryanston, 2021, South Africa. Customer Care: 0860 ADCOCK/232625. www.adcock.com. 2024012510336169, February 2024

ProbiFlora™ PROs Corporate Diary Advert. 2024012510336169, January 2024.

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17. Miyazima TY, Ishikawa KH, Mayer MPA, et al. Cheese supplemented with probiotics reduced the *Candida* levels in denture wearers—RCT. *Oral Dis* 2017;23:919–925.
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19. Piatek J, Bernatek M, Krauss H, et al. Effects of a nine-strain bacterial synbiotic compared to simethicone in colicky babies – an open-label randomised study. *Benef Microbes* 2021;12(3):249-257.
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25. Plummer SF, Garaiova I, Sarvotham T. Effects of probiotics on the composition of the intestinal microbiota following antibiotic therapy. *Int J Antimicrob Agents* 2005;26:69-74.

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S0 ProbiFlora™ Adult Intensive Rescue. Each capsule contains total probiotics 5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* NCFM®, *Bifidobacterium lactis* HN019, *Bifidobacterium lactis* BI-04, *Lactobacillus rhamnosus* HN001, *Lactobacillus casei* Lc-11, *Lactobacillus plantarum* Lp-115, *Lactococcus lactis* LI-23, *Bifidobacterium longum* BI-05, *Streptococcus thermophilis* St-21 Category D: Health Supplements. 34.9: Probiotics.

S0 ProbiFlora™ Adult Classic Bowel Support. Each capsule contains total probiotics 5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* NCFM®, *Bifidobacterium lactis* BI-07, *Lactobacillus casei* Lc-11, *Lactococcus lactis* LI-23 Category D: Health Supplements. 34.9: Probiotics.

S0 ProbiFlora™ Adult Everyday Flora Balance. Each capsule contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus rhamnosus* Lr-32, *Bifidobacterium longum* BI-05 Category D: Health Supplements. 34.9: Probiotics.

S0 ProbiFlora™ Rx Intestinal Flora Care. Each capsule contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus rhamnosus* Lr-32, *Bifidobacterium longum* BI-05. Health Supplement. Category D: Complementary Medicine. 34.9: Probiotics.

S0 ProbiFlora™ Junior Everyday Flora Balance. Each tablet contains total probiotics 1 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus helveticus* R-52ME, *Lactobacillus rhamnosus* R-11ME, *Bifidobacterium longum* R-175ME. Category D: Health Supplements. 34.9: Probiotics..

S0 ProbiFlora™ Probiotic Infant Drops 3 strain-Regular drops. Each dose per 4 drops (0,167 ml) contains *Bifidobacterium lactis* BI-04 400 million CFU, *Lactobacillus rhamnosus* LR-32 300 Million CFU, *Lactobacillus salivarius* LS-33 300 million CFU. Health Supplement. Category D: Complementary Medicines. 34.9: Probiotics.

S0 ProbiFlora™ Junior Fit For School. Each chewable tablet contains total probiotics 12,5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* CUL60, *Lactobacillus acidophilus* CUL21, *Bifidobacterium animalis* subsp. *Lactis* CUL34, *Bifidobacterium bifidum* CUL20, Ascorbic acid (Vitamin C) 50 mg. Health Supplement. Category D: Complementary Medicines. 34.12 Multiple Substance Formulation.

ProbiFlora™ Maverick Kids Quarter PG Junior AD 2024012910337273, February 2024

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References:

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ProbiFlora™ Maverick Kids Strip FFS AD 2024012910337274, February 2024

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ProbiFlora™ Maverick Kids Third page Infant AD 2024012910337275, February 2024

The information included in this material is not intended to replace your healthcare professional's advice.

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[S] ProbiFlora™ Probiotic Infant Drops 3 strain-Regular Drops. Each dose per 4 drops (0,167 ml) contains *Bifidobacterium lactis* Bl-04 400 million CFU, *Lactobacillus rhamnosus* LR-32 300 Million CFU, *Lactobacillus salivarius* LS-33 300 million CFU. (Approved PI, June 2020). Health Supplement. Category D: Complementary Medicines. 34.9: Probiotics.

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